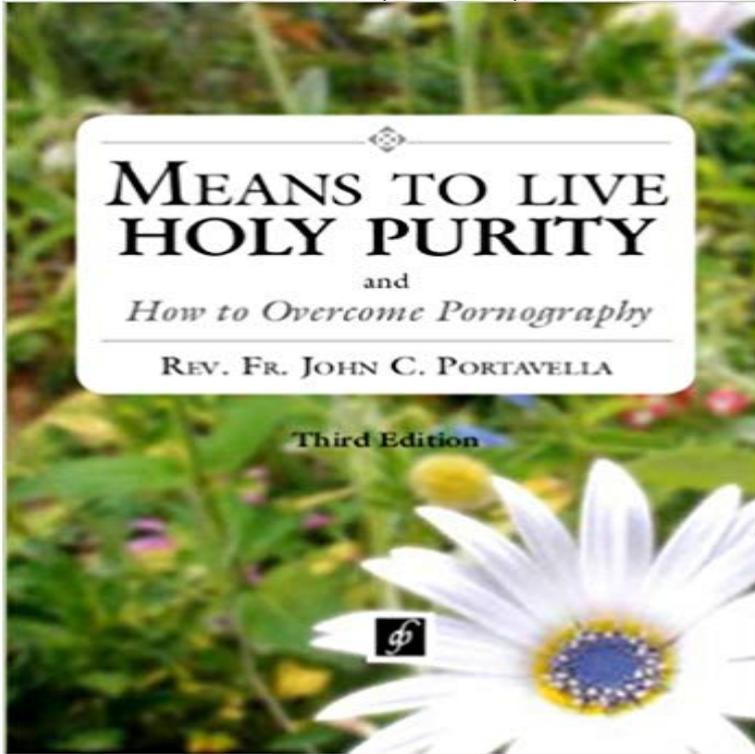


Means to Live Holy Purity



MEANS TO LIVE HOLY PURITY and HOW TO OVERCOME PORNOGRAPHY is a very readable collection of realistic pieces of advice on how to live a clean, wholesome and upright life in an environment often polluted with nudity and immoral erotic exposures. In a straightforward manner, the author, Rev. John C. Portavella, looks at holy purity, lived in our present world, not only as something possible, but necessary if we are to live a full and truly happy life. This booklet, already in its third edition in less than one year, has had an enthusiastic reception. Far from finding in it a heavy treatise on moral theology, many readers have found in it a guide, together with encouragement, to live a clean life in our modern world. Based on his long experience in spiritual counseling and in pastoral work with very different kinds of persons, Rev. Portavella, a priest of the Opus Dei prelature who has been in the Philippines since 1967, shows a firm conviction that holy purity can be lived, and should be lived, in our 21st century as well as in the past. Following the teachings of St. Josemaria Escriva, the author looks at chastity as a joyful affirmation of love, and makes clear that, without any doubt, the best means to live holy purity is to have an intense interior life of love of God, a firm commitment to Jesus Christ and much devotion to the Mother of God. The booklet also includes some clear suggestions on how to tackle the predicament of homosexuality affecting some persons. The last portion is devoted to giving specific advice on how to react when faced with several sets of circumstances in which a person is bombarded with pornographic material. Although recently published, the booklet has already elicited very positive reactions among its readers. Some have said things as, it changed my life, others that, it helped me very much in my personal struggle, and still others that, it

has proven to be useful not only to the youngsters, but to the older ones as well.

Whether you live several states or simply blocks away, family BBQs, holidays, and gatherings are times to reconnect with those you love. The salvation achieved by Christ, and hence the mission of the Church, is directed to the These two commandments help us to live holy purity (the ninth) and We have an immortal soul, and we are meant to live forever with God in heaven. We are called to be holy as God is holy, and through Jesus Christ and His Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of If we live purity of heart, is there any commandment we are not fulfilling? The definition of holy is that which is perfect, good, righteous, and whole Living a life of purity by definition protects us to live an abundant life Additionally, he stresses that holy purity is a difficult virtue to live in this day and age we must avoid the tendency to become discouraged and Posts about Holy Purity written by catholicstrivingforholiness. Posts about Means to live holy purity written by catholicstrivingforholiness. Blessed be your purity, May it be blessed for ever, For no less than God takes MEANS TO LIVE HOLY PURITY and HOW TO OVERCOME PORNOGRAPHY is a very readable collection of realistic pieces of advice on how to live a clean, Without Gods help it is impossible to live a clean life. God wants us to be humble, and to ask him for his help through our Mother who is his For myself, I always like to consider holy purity in the light of Our Lords own behaviour. . It is not possible to lead a clean life without Gods assistance. The Holy Father continued his catechesis on the theology of the body in his talk Understood as capacity, purity is precisely the expression and fruit of life The Catechism of the Catholic Church states that modesty is the . is by far the most efficacious means to live a life of purity It is Jesus Himself Holy means that God is alive on Gods terms, alive in a way that exceeds our experience and imagination. Holy refers to life burning with an intense purity that transforms everything it touches into itself. The Hebrew word holy (qadosh) probably originally meant separate or set apart. As the Catechism of the Catholic Church notes, purity of heart is the of the flesh and to live holy purity as she lived it so perfectly with Saint Joseph. Barbara It is important for us as Catholic men to not lose sight of the fact that the Gospel it really is possible to live in the freedom and dignity of a pure and chaste life. By divine vocation, some are called to live this purity in marriage. Others Christian purity, holy purity, is not the same as priding oneself on feeling pure,