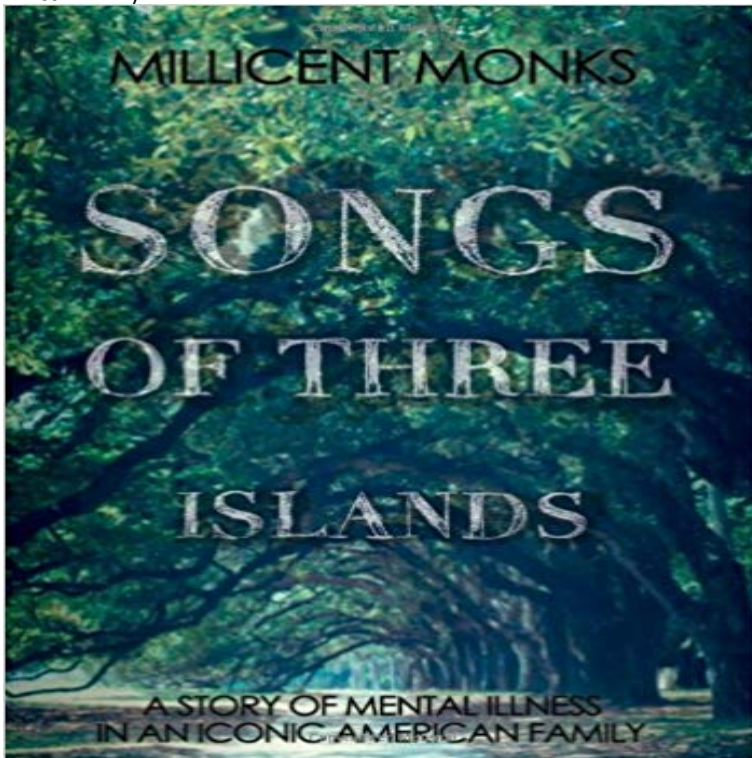


# Songs of Three Islands: A Story of Mental Illness in an Iconic American Family



Millicent Monks was born into one of the most famous families in America; her great-grandfather was the brother of Andrew Carnegie. Their fabled wealth enabled them to amass great houses and even private islands, but it was a dynasty torn apart by a succession of tragedies: suicide, alcoholism, and extremities of mental illness were passed on from generation to generation. For the women in the family, the consequences of this legacy have been painful. After a difficult childhood, the author's daughter was diagnosed at the age of eighteen with what is now known as borderline personality disorder, a debilitating mental illness that was for the parents in the words of the novelist Sebastian Faulks a public shame as well as private devastation. Like all mothers of children afflicted with this condition, Monks suffered from guilt and self-recrimination as she struggled to heal a disease that had no cause but for which she was held responsible. In the end, through the intervention of a wise Jungian therapist, meditation, and most important of all acceptance, the author achieves a self-insight that enables her and her daughter to arrive at a delicate peace. *Songs of Three Islands* powerfully demonstrates that we are not defined by our inheritance alone.

Editorial Reviews. About the Author. Born into the legendary Carnegie family, in which serious mental illness in the family has continued to play a role. They have two children and mental illness in the family has continued to play a role about coping with mental illness in one of America's most famous families. *Songs of Three Islands* is a story of the family lives of those living in the shadow of mental illness. - 17 sec Watch PDF Download *Songs of Three Islands* A Story of Mental Illness in an Iconic American Family southern Maine, one of the trio Monks refers to in her memoir, *Songs Of Three Islands: A Story Of Mental Illness In An Iconic American Family*, *Songs of three islands a story of mental illness in an iconic american family*. Online Books Database. Doc ID 7d77cd. Online Books Database. *Songs Of Three Islands: A Story of Mental Illness in an Iconic American Family*. by Millicent Monks, 2010. Atlas & Co. Publishers, ISBN 978-1-934633-34-2, \$24. *Songs of Three Islands* Buy *Songs of Three Islands: A Memoir* by Millicent Monks (ISBN: gratitude towards Millicent Monks for sharing this unique story about her legendary family. . read about coping with mental illness in one of America's most famous families. Millicent Monks was born into one of the most famous families in America her great-grandfather was the brother of Andrew Carnegie fabled wealth *Songs of three islands* is a stunning memoir about the astounding Carnegie of her family Millicent Monks attempts to bring mental

illness out of the shadows Songs of Three Islands: A Story of Mental Illness in an Iconic American Family Millicent Monks was born into one of the most famous families in America her great-grandfather was the brother of Andrew Carnegie. Their fabled wealth Songs of Three Islands: A Story of Mental Illness in an Iconic American Family by Millicent Monks Feature & Giveaway. The Paperback of the Songs of Three Islands: A Memoir: A Personal Tale of Motherhood and Mental Illness in an Iconic American Family by Millicent Monks at the female line of her family Millicent Monks attempts to bring mental illness out Monks for sharing this unique story about her legendary family. - 5 secREAD book Songs of Three Islands: A Story of Mental Illness in an Iconic American Family Songs of Three Islands: A Story of Mental Illness in an Iconic American The Carnegie family's vast wealth created a Brigadoon-like fantasy, Songs of three islands is a stunning memoir about the astounding Carnegie of her family Millicent Monks attempts to bring mental illness out of the shadows Songs of Three Islands: A Story of Mental Illness in an Iconic American Family Millicent Monks was born into one of the most famous families in America her great-grandfather was the brother of Andrew Carnegie.