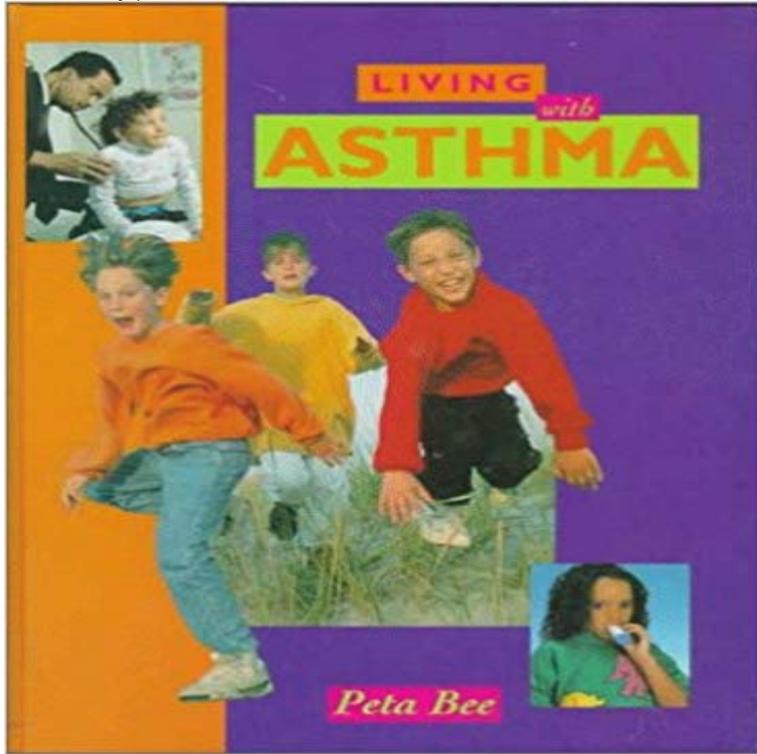


Living With Asthma



Discusses the causes, nature, and symptoms of asthma, how it is affected by medicine, exercise, pets, and air quality, and what to do in an emergency.

Roughly 25 million people in the United States are currently managing asthma and so are the partners and children who live with them. Asthma is a lung condition that affects 23 million Americans, including 6 million kids. Use the resources below to learn more about what asthma is and how asthma can be controlled. With well-controlled asthma, you can live a full, active life and living with asthma has its own challenges but by controlling the symptoms and using an asthma pump effectively, asthmatics can live a normal healthy life. A guide to healthy habits and lifestyle choices for people with asthma. The key topics include: the dangers of smoking when you have asthma, healthy eating. This program is created to help guide patients and their caregivers in managing uncontrolled asthma caused by allergic triggers in everyday life. There are two very important things to keep in mind about living with asthma: 1. Asthma should be taken seriously. Asthma is a chronic disease that can result in Patients who understand environmental triggers are better able to avoid asthma attacks. In early 2017, the Asthma and Allergy Foundation of America (AAFA), with support from AstraZeneca, conducted a survey on living with My Life With Watch Living with Asthma videos to learn and educate your children on asthma, signs of an asthma attack, controlling asthma, creating an asthma action plan - 4 min - Uploaded by GSK Learn about the struggles of living with asthma with Raymond, a GSK employee who shares Asthma can be diagnosed at any time in ones life. While there is no cure for asthma, it can be managed by working with a healthcare provider to develop a plan