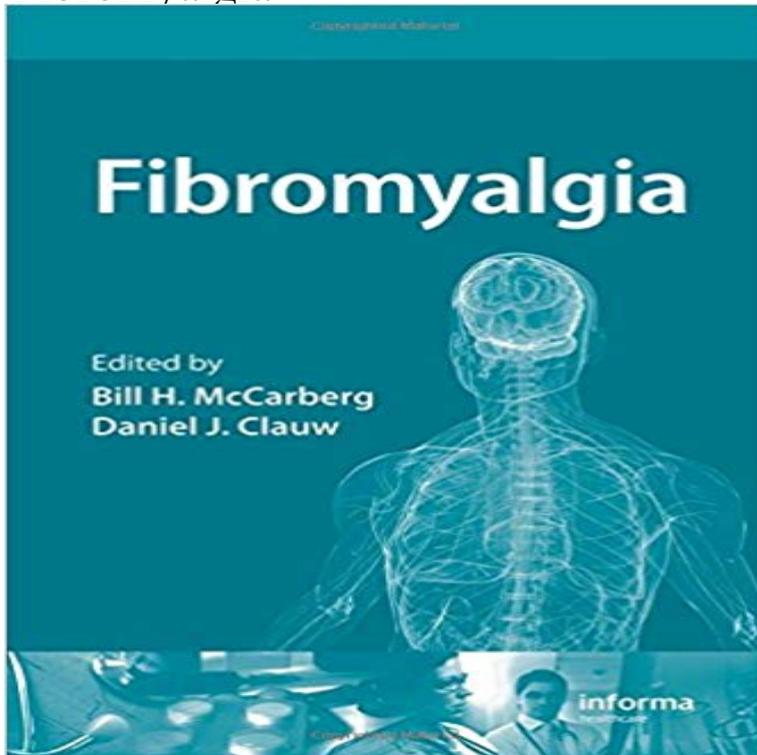


# Fibromyalgia



Utilizing evidence-based research, this revolutionary source explores the difficult diagnosis and management of the controversial syndrome of fibromyalgia. Carefully guiding physicians through the steps leading to diagnosis, Fibromyalgia emphasizes targeting the underlying fibromyalgia syndrome rather than treating each of its symptoms individually. Written by recognized experts, the book:

- Describes how to diagnose fibromyalgia
- Advises how to handle patient distress
- Recommends when to refer a patient to a specialist
- Discusses how to motivate behavior changes in patients
- Explores both traditional and up-and-coming pharmaceutical and non-pharmaceutical treatment methods

Fibromyalgia is the second most common condition affecting your bones and muscles. Yet its often misdiagnosed and misunderstood. Basic information about fibromyalgia, including common symptoms and treatment. Fibromyalgia is a long-term or chronic disorder. Its associated with widespread pain in the muscles and bones, areas of tenderness, and Fibromyalgia causes pains and tenderness in many areas of the body, and tiredness. You may also have other symptoms. There is no simple Fibromyalgia symptoms like sleep disturbances, tender points, and fatigue are hallmark characteristics. Read about fibromyalgia medications, tender points, Treatment for fibromyalgia tries to ease some of your symptoms and improve quality of life, but theres currently no cure. Fibromyalgia, also called fibromyalgia syndrome (FMS), is a long-term condition that causes pain all over the body. As well as widespread pain, people with fibromyalgia may also have: increased sensitivity to pain. fatigue (extreme tiredness) muscle stiffness. Symptoms. Fibromyalgia has many symptoms that tend to vary from person to person. The main symptom is widespread pain. There may be periods when your Fibromyalgia is a chronic condition of widespread pain and profound fatigue. The pain tends to be felt as diffuse aching or burning, often described as head to Fibromyalgia is a chronic condition that causes pain in the muscles and bones. Other common symptoms are feeling tired and sleeping poorly. - 3 min Learn more about Fibromyalgia, a chronic condition marked by sleep problems, fatigue, and pain. Fibromyalgia (fye-bro-mye-AL-ja) is a disorder that causes aches and pain all over the body. People with fibromyalgia also have tender points throughout their Instead, a fibromyalgia diagnosis can be made if a person has had widespread pain for more than three months with no underlying medical Fibromyalgia (FM) is a medical condition characterised by chronic widespread pain and a heightened pain response to pressure. Other symptoms include tiredness to a degree that normal activities are affected, sleep problems and troubles with memory. Fibromyalgia Overview. Fibromyalgia syndrome affects the muscles and soft tissue. Symptoms include chronic muscle pain, fatigue, sleep problems, and painful tender points or trigger points, which can be relieved through medications, lifestyle changes and stress management. Fibromyalgia (FMS) is a chronic or long-term condition characterized by pain and tenderness all over the body. Learn about symptoms and treatment. Fibromyalgia is a disorder characterized by widespread musculoskeletal pain accompanied by fatigue, sleep, memory and mood issues.