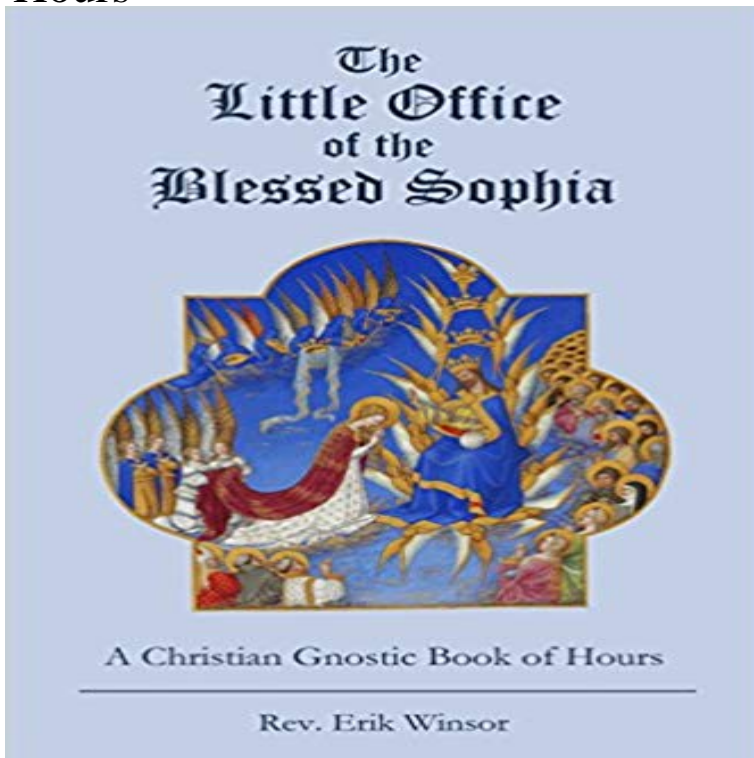


# The Little Office of the Blessed Sophia: A Christian Gnostic Book of Hours



Devotion and spiritual practices are an essential component of the Gnostic tradition. Therefore, in the tradition of little offices, daily cycles of prayer in imitation of the Divine Office, The Little Office of the Blessed Sophia is offered to Gnostics in the hope that it will help them develop a personal practice of regular prayer. Sanctifying the hours of the day with meditative prayer is a time-honored Christian tradition, and these five daily offices, centered around the mystic Odes of Solomon, are designed to both elevate our consciousness to the Divine Light, and increase our reverence and love of the Most Holy Sophia: Divine Wisdom. This book of hours consists of the Ordinary of the Little Office, the regular prayers to be said at each hour (or time) of prayer for the day; the Book of Odes, with the Odes of Solomon organized according to a 3-day cycle; a book of commemorations for the feasts of over 100 saints and various other holy days; and finally, an Office of the Dead, for prayer in honor of the departed. Small enough to carry around, may this book become an important part of your prayer life, leading you to a deeper knowledge and love of the Ineffable Father, of Christ His Son, of the Holy Sophia, and of all the blessed saints of the Light.

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