

# Disease-Proof Your Child: Feeding Kids Right



Dr. Fuhrman presents the fascinating science that demonstrates how the current epidemic of adult cancers and other diseases is most closely linked to what we eat in the first quarter of life. He explains how a nutrient-rich diet increases a child's resistance to common childhood illnesses like asthma, ear infections, and allergies. Additionally, Dr. Fuhrman illustrates how eating his nutrient-rich diet during childhood is the most powerful weapon against developing cancer, cardiovascular disease, and autoimmune disorders in the future. Disease-Proof Your Child provides nutrient-rich dietary recommendations for children, and even offers guidelines and recipes that get even the pickiest eaters to enjoy healthy food.

- 21 sec - Uploaded by Vallis Simon Disease Proof Your Kids Dr Joel Fuhrman - Duration: 31:15. Luis Congdon 2,850 views 31:15 Buy a cheap copy of Disease-Proof Your Child: Feeding Kids book by Joel Fuhrman Today's Kids, perhaps your kids right now, are toxifying their undernourished, Disease-Proof Your Child: Feeding Kids Right. St. Martin's Press, August 17, 2005, \$24.95 hardcover, ISBN 0-312-33805-8. Joel Fuhrman, M.D.. Book Review This book will forever change the way you feed your children. Don't raise your children without it. Disease-Proof Your Child By Joel Fuhrman, M.D. Contains information to ensure that children are eating right to maintain a healthy mind Disease-Proof Your Child: Feeding Kids Right Joel Fuhrman ISBN: 9780312338053 Kostenloser Versand für alle Bücher mit Versand und Verkauf durch Dr. Fuhrman explains how to protect the current and future health of your child. Includes delicious, high-nutrient, child-friendly recipes. - 21 sec Watch [PDF] Disease-Proof Your Child: Feeding Kids Right Full Collection by Pierre Antoine After reading in The China Study about the hazards of feeding my daughter animal products -- especially dairy products, I was desperate to find informed. Dr. Fuhrman explains how you can make sure your children are eating right to maintain a healthy mind and body, and how eating certain foods and avoiding Disease-Proof Your Child: Feeding Kids Right Joel Fuhrman ISBN: 8601401081319 Kostenloser Versand für alle Bücher mit Versand und Verkauf durch - 51 sec - Uploaded by M Landon 0:26 Disease Proof Your Child Feeding Kids Right - Duration: 0:21. Birthe Larsen 1 view 0