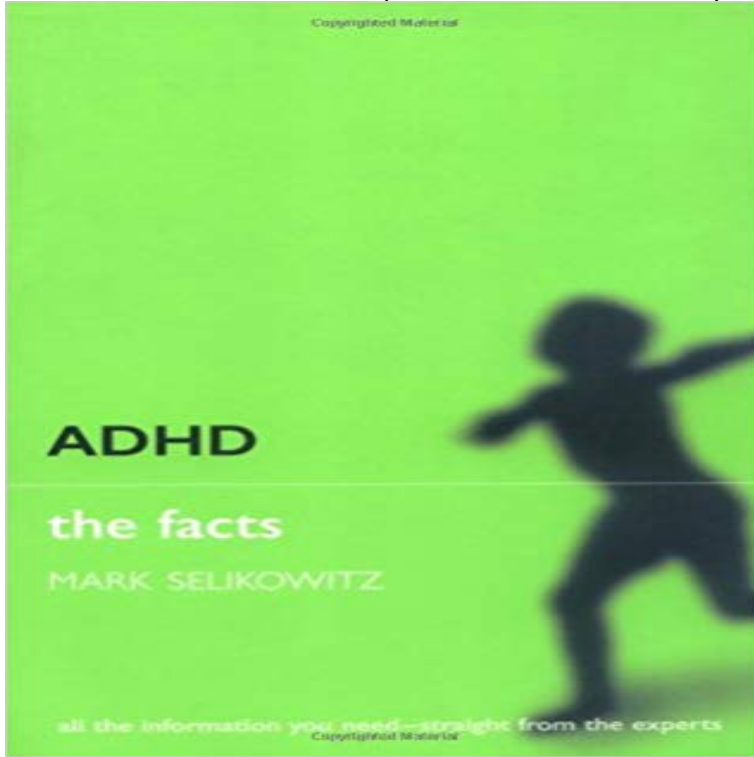


## ADHD: The Facts (The Facts Series)



ADHD (attention-deficit/hyperactivity disorder) is now recognised as the commonest cause of learning and behavioral difficulties in school-aged children. The symptoms are many and varied; they may include poor concentration, forgetfulness, poor organization, impulsivity, restlessness, poor social skills, learning difficulties, low self-esteem, and defiant behavior. Despite growing awareness of ADHD among parents and health professionals, ADHD is still widely misunderstood. In *ADHD: The Facts* Dr. Mark Selikowitz, a consultant developmental pediatrician with extensive experience of treating children with developmental problems, provides information that is of practical relevance to parents in understanding their child's difficulties and in helping to overcome them. The book contains detailed explanations of the cause of ADHD, its nature, and the treatments of the condition that have proved effective over time. It includes up-to-date information on ADHD and new developments in the understanding of conditions that often co-exist with it. The book also deals with the problems experienced by adults with ADHD. It provides information on how ADHD is diagnosed, on conventional and alternative therapies, and on ways of assisting children in developing improved behavior, self-esteem, and academic results. *ADHD: The Facts* will be of invaluable assistance to parents of children with ADHD. It will also be of great value to professionals such as teachers, psychologists, speech therapists, occupational therapists, and doctors wanting an authoritative, up-to-date, and practical view of this important subject.

In *ADHD: The Facts* Dr. Mark Selikowitz, a consultant developmental pediatrician with extensive experience of treating children with ADHD: *The Facts* will be of invaluable assistance to parents of children with ADHD. *The Facts*

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